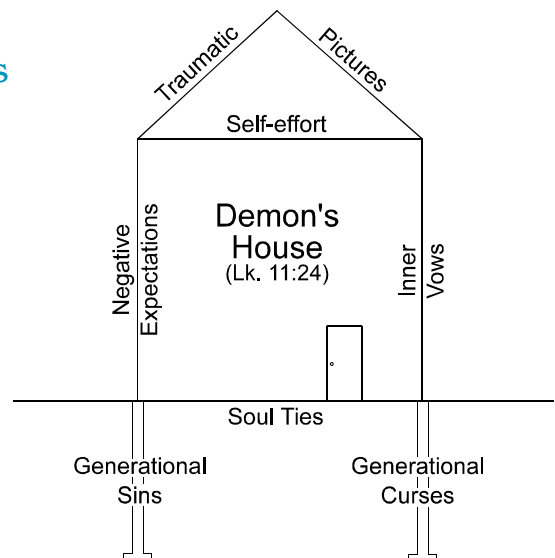


PRAYERS THAT *Heal*
THE *Heart*

SEMINAR GUIDE

- ♥ Breaking generational sins and curses
- ♥ Severing ungodly soul ties
- ♥ Replacing negative expectations
- ♥ Renouncing inner vows
- ♥ Receiving divine pictures/visions
- ♥ Casting out demons
- ♥ Experiencing the Spirit of Life in Christ Jesus

DISMANTLING DEMONS' HOMES



BY MARK AND PATTI VIRKLER

DEFINING A HEALED HEART

(The King James Version of the Bible is to be used throughout this seminar guide.)

What spiritual attitudes are to permeate the heart and mind?

I Cor. 13:13 _____

What spiritual attitudes protect the heart and mind?

I Thess. 5:8 _____

WHAT GRANTS ACCESS INTO THE THRONE ROOM? The same three spiritual attitudes [Heb. 10:22 - true heart (love), faith, clear conscience (which results in hope)].

WHAT IS THE GOAL OF OUR INSTRUCTION? To nurture the same three spiritual attitudes (I Tim. 1:5): love, faith, good conscience (hope).

FOR WHAT DOES PAUL COMMEND BELIEVERS? For their love, faith and hope (Eph. 1:12,15; Col. 1:4,5).

PERSONAL APPLICATION: Are there any areas of life which disturb or remove your faith, hope and love when you think about them? Are there any situations you cannot face with a heart full of faith, hope and love? If so, these need healing. List them below.

DEFINING THE LANGUAGE OF THE HEART

Will an eloquent Englishman be of much assistance to a French-speaking person? Why not?

1. The heart speaks in a language that is different from that of the mind. Today's society considers the language of the mind to be logical ideas. The Bible considers the language of the heart to be pictures, emotions, flow and faith.
2. Heart healing must occur on the level of the heart, not merely in the mind. To heal the heart **we must use the language of the heart.**

THE HEART SPEAKS USING A LANGUAGE THAT IS DIFFERENT FROM THAT OF THE MIND.

The language of the mind (Matt. 16:7)

Mental reasoning is when one reasons alone and does not merge reason with faith and revelation from the Holy Spirit. In each of the following verses reason alone was rebuked by Jesus as being ineffec-

tive - Matt. 16:5-12; Mk. 2:5-12; 8:15-18). The result of using reason alone is vanity or meaninglessness (Eccl. 12:8). In today's culture, we would consider reason to be the language of the mind. At the very least, biblically speaking, "reason" is an ineffective language of the heart.

An effective language of the heart (Jn. 7:38,39)

When our hearts and our eyes are fixed on Jesus (Heb. 12:1,2), this **flow** can become the pure revelation of God to the heart (prophecy - I Cor. 12:10).

An effective language of the heart (Gen. 8:21; I Chron. 29:18; Ps. 140:2; Prov. 6:18; Jer. 7:24; 23:16)

When God fills our hearts' capacity to **imagine**, what do we receive? (Num. 12:6; Jn. 5:19,20,30; 8:26,38; Acts 2:17)

An effective language of the heart (Gen. 6:6)

What emotions does the Holy Spirit provide us? (Gal. 5:22,23)

An effective language of the heart (Ps. 77:6)

When God fills our ability to ponder, it becomes "anointed reason" (Is. 1:18; Lk. 1:1-3). The Holy Spirit's flow (Jn. 7:37-39) guides the reasoning process, turning it into godly meditation (Ps. 19:14), and illumination, perception and revelation can then take place (Ps. 73:16,17; Eph. 1:17,18).

WHAT THE WOUNDED HEART LOOKS LIKE

Examples of emotions in one's spirit: Troubled (Gen. 41:7b,8; Dan. 2:1,3; Jn. 13:21); sorrowful or oppressed (I Sam. 1:15); angry (Eccl. 10:4); discouraged (Is. 19:3); forsaken or grieved (Is. 54:6); enraged (Ezek. 3:14 NASB); grieved or distressed (Dan. 7:15); hardened (Deut. 2:30); doubting (Mk. 11:23; Lk. 24:25); haughty (Prov. 16:18); defiled (II Cor. 7:1 NASB).

For a more in-depth exploration of heart, mind, flow, and spirit, read the books *Communion With God, Wading Deeper Into the River of God, Sense Your Spirit* and *How Do You Know?* by Mark and Patti Virkler

POSITIVE AND NEGATIVE ENERGIES OPERATE WITHIN OUR HEARTS

The three primary words in the New Testament translated power are: *exousia* (108 times) which means "right or prerogative," *dunamis* (108 times) which means "might, power, force," and *energeia* (and its forms - 31 times) which means

Ephesians 2:2 speaks of living according to the prince of the power of the air, the spirit that is now "working" within the children of disobedience. "Working" is a form of the Greek word "*energes*," which means that this indwelling evil spirit is "energizing" the individual.

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This seminar guide is taken from the book *Prayers That Heal the Heart* by Mark & Patti Virkler.

RATIONAL BIBLE STUDY VERSUS BIBLICAL MEDITATION

DO NOT DO THIS: LEFT-BRAIN STUDY/RATIONAL HUMANISM

1. Have unconfessed sin
2. Have a preconceived attitude
3. Be independent: "I can..."
4. Read quickly
5. Rely on reason and analysis only

6. Read without specific purpose
7. Take credit for insights

BUT DO THIS: WHOLE-BRAIN/HEART MEDITATION/DIVINE REVELATION

1. Be washed by Jesus' blood
2. Have a teachable attitude
3. Pray: "Lord, show me"
4. Slow down, ponder, muse
5. Combine anointed reason, flowing pictures, music & speech
6. Read with focused purpose
7. Glorify God for insights

THE SEVEN STEPS OF BIBLICAL MEDITATION EXPLAINED (JOSHUA 1:8)

- 1. LORD, CLEANSE ME BY YOUR BLOOD:** Since receiving divine revelation is at the heart of biblical meditation, you must prepare yourself to receive from the Holy Spirit by repenting and being cleansed by the blood of the Lamb. You must be obedient to previous revelations from God (Matt. 7:6), and confess any sin in your life, so you are not cut off from ongoing revelation (Is. 59:1,2; I Jn. 1:9).
- 2. LORD, GRANT ME A TEACHABLE ATTITUDE:** Revelation is given to those who maintain an attitude of humility, and it is withheld from the proud and the arrogant. So keep an open, humble attitude before God, allowing Him the freedom to shed greater light on any ideas you currently hold and to alter them as He sees fit (Jas. 4:6; II Pet. 1:19).
- 3. LORD, I WILL NOT USE MY FACULTIES MYSELF:** You can do nothing of your own initiative but only what you hear and see by the Spirit (Jn. 5:19,20,30). You do not have a mind to use, but a mind to present to God so He can use it and fill it with anointed reason and divine vision (Prov. 3:5-7; Rom. 12:1,2). If you use your mind yourself, it is a dead work (Heb. 6:1,2).
- 4. LORD, I PRAY THAT THE EYES OF MY HEART MIGHT BE ENLIGHTENED:** Slow down as you read, mulling the text over and over in your heart and mind, praying constantly for God to give you a spirit of wisdom and revelation in the knowledge of Him (Eph. 1:17,18; Ps. 119:18).
- 5. LORD, I PRESENT THE ABILITIES TO REASON AND TO IMAGINE TO YOU TO FILL AND FLOW THROUGH BY YOUR SPIRIT:** Meditation involves presenting your faculties to God for Him to fill and use. These include your left-brain reasoning capacities as well as your right-brain visual capacities. Look for the river of God (i.e. "Spirit flow") to guide and fill both hemispheres, granting you anointed reasoning and dream and vision. Music can assist you, as can muttering, speaking, and writing as you go through the discovery process (Jn. 7:37-39).
- 6. LORD, SHOW ME THE SOLUTION TO THE PROBLEM I AM FACING:** Focused attention brings additional energies of concentration of heart and mind, which help release revelation. For example, note the difference between a ray of sunlight hitting a piece of paper, and sunlight going through a magnifying glass to hit a piece of paper. The focused energy creates a ray so concentrated that the paper bursts into flames. When you have a hunger to master a new understanding and discipline, that hungry and searching heart will cause you to see things you would not normally see (Matt. 5:6).
- 7. THANK YOU, LORD, FOR WHAT YOU HAVE SHOWN ME:** Realizing that the revelation came from the indwelling Holy Spirit, give all the glory to God for what has been revealed (Eph. 3:21).

THE HEBREW AND GREEK DEFINITIONS OF "MEDITATION"

According to *Strong's Exhaustive Concordance*, there are several Hebrew and Greek words which underlie the words "meditate" and "meditation" in the Old and New Testaments. The *Strong's* numbers for these words in the Old Testament are: 1897, 1900, 1901, 1902, 7878, 7879, 7881. The New Testament numbers are 3191 and 4304.

The literal meanings of "meditate" and "meditation" as listed by *Strong's Exhaustive Concordance* are:

"To murmur; to converse with oneself, and hence aloud; speak; talk; babbling; communication; mutter; roar; mourn; a murmuring sound; a musical notation; to study; to ponder; revolve in the mind; imagine; pray; prayer; reflection; devotion."

LEFT-HEMISPHERE FUNCTIONS LISTED ABOVE INCLUDE:

study, revolve in the mind, murmur, mutter, converse, speak, talk, communication (Note: Reason and speech are left-brain.)

RIGHT-HEMISPHERE FUNCTIONS LISTED ABOVE INCLUDE:

imagine, a musical notation, mourn, babbling (Note: Tongue speaking has been registered in experiments at Fuller Theological Seminary as taking place in the right hemisphere. Pictures, music and emotion are also right-brain.)

ADDITIONAL THERAPIES WHICH ARE ALSO EXTREMELY IMPORTANT: Excellent diet (Gen. 1:29), proper exercise, adequate rest, reduction of stress (chemically, environmentally, spiritually, emotionally) and utilization of natural health therapies as needed. For more information on these, read *Go Natural! - Eden's Health Plan* and *Restoring Health Care as a Ministry* by Mark & Patti Virkler.

HEART (OR THIRD-BRAIN) FUNCTIONS LISTED ABOVE INCLUDE:

pray, prayer, devotion, reflection, ponder (enlightened reasoning by adding Spirit-flow to the reasoning process - Eph. 1:17,18)

Meditation is a whole-brain and heart process, while study is often left-hemisphere only. Meditation results in illumined verses every time you read the Bible and every time you meditate on any subject. Illumination is experienced as insights jumping off the page and hitting you between the eyes.

ANOTHER GREAT AID TO RECEIVING REVELATION - WRITING OUT SCRIPTURE

Deut. 17:18 _____

SUMMARY: Healing negative expectations involves repenting of negative beliefs and faulty processes and replacing them with divine beliefs and biblical processes which you receive through the revelation of the Holy Spirit. This process involves hearing God's voice in prayer, while practicing biblical meditation, and through your dreams, as well as any other means God chooses to use to speak to you. This must be coupled with a complete willingness to conform to what the Spirit of God is revealing to you.

FRUIT/ROOT PRINCIPLE: One way you can uncover negative expectations you have made and which are now internalized and on an unconscious level is by tracing backward from negative fruit in your life, and prayerfully asking, "God, what is the root of this fruit?" He will show you, and you can then remove it through prayer and repentance.

TRANSFORMATION THROUGH RECEIVING DIVINE REVELATION

Healing and transformation occur as God grants revelation into the heart and spirit of man by the Holy Spirit (Lk. 24:32). This revelation comes as illumined verses leap off the page and hit us between the eyes, and also as God speaks directly into our hearts by His still small voice, which we can capture through journaling, dreams and visions. If you need help in mastering these skills, read the book *Communion With God* by Mark and Patti Virkler.

RECEIVE REVELATION THROUGH A "NEW TRUTH BIBLE MEDITATION" (JOSHUA 1:8)

Write at the top of a sheet of paper, "New Truth Bible Meditation Concerning _____." The topic should be the heart issue and/or the major ungodly and godly beliefs you have identified on the following pages. This may require you to do more than one Bible Meditation Worksheet. That is fine, for we are transformed by the renewing of our minds (Rom. 12:2). For example, you may do topics like love and forgiveness versus anger and resentment, or mercy versus judgment, or doubt versus faith. Complete the following steps.

1. It is recommended that you use a concordance and look up as many verses as possible on the topic (perhaps all verses) and take notes on what you discover, meditating upon and praying over each verse, asking God to give you a spirit of revelation (Eph. 1:17,18). Look for scriptural principles and Bible stories which support the truth God wants to instill in you. As you meditate, pray continuously in your heart, "Lord, show me what I need to see in order to heal the heart issue I am struggling with."
2. Memorize verses which leap off the page, so you can easily draw them forth in time of need.
3. Pray for God to grant you experiences and insights and divinely-ordained encounters which deepen your understanding of these truths.
4. Ask your friends to contribute any principles or stories from the Bible they are aware of regarding the issue.
5. Perhaps you will feel led to read a book on the topic. If so, ask someone whom you respect as being knowledgeable in the area to recommend a good book or two.
6. Pray over what you are learning, asking God to speak to you and to show you underlying principles which will birth within you a divinely-inspired faith and a pure heart. Record the things that you are learning.

SUMMARIZE THIS REVELATION AS A "MEMORIAL STONE CELEBRATION"

Once God has granted you a thorough revelation on the topic at hand, write your personal prayerful summary of what He has shown you on a sheet which you title, "A Memorial Stone Celebration Concerning _____." As you write, use the pattern below.

1. My summary of what the Holy Spirit has revealed to me from the Bible is...
2. My summary of the insights that the Holy Spirit has given to me through journaling, dreams and visions is...
3. The symbolic representation which I have created or chosen to memorialize this healing is...
4. The fences which God has instructed me to build to keep myself from temptation in this area are...
5. I declare I have been set completely free from the stronghold of _____ by my Lord and Savior Jesus Christ.

Date _____ Signature _____

EXPLORING POSSIBLE ROOTS OF SIN ENERGIES OR DEMONIC ENERGIES:

- Generational sins and curses
- Ungodly soul ties
- Negative expectations
- Inner vows
- Traumatic pictures
- Demonic oppression
- Enslavement to sin

1. GENERATIONAL SINS AND CURSES PASS SIN ENERGY DOWN THROUGH THE FAMILY LINE.

Ex. 20:4-6 _____

Deut. 23:2 _____

Deut. 7:9 _____

What is not passed through the family line?

What mean ye, that ye use this proverb concerning the land of Israel, saying, "The fathers have eaten sour grapes, and the children's teeth are set on edge?" As I live, saith the Lord GOD, ye shall not have occasion any more to use this proverb in Israel. **Behold, all souls are mine;** as the soul of the father, so also the soul of the son is mine: **the soul that sinneth, it shall die** (Ezek. 18:2-4, emphasis added).

mental problems; besetting sins; as well as all types of spiritual blessings, anointings and giftings.

PERSONAL APPLICATION

The heart issue being explored

is: _____.

Question: "Holy Spirit, what is in my heart?"

A. Lord, what ancestors have contributed to the heart issue of _____ (heart issue listed above)? Note: We are not blaming them, just identifying entry points of negative energies.

So, obviously, one of the first questions you want to ask when you are struggling with an energy or pressure toward sin within you is, "Who in my ancestral line manifested this same trait?" In four generations, you have thirty ancestors, and in ten generations you have 2,046. The chance that almost any sin, especially sexual sin, is present in the thirty or the 2,046 is almost a given. You will want to begin your attack on the problem by cutting off the forces which are being passed down through the family tree.

What can be passed through the family line?

Alcoholism and all other kinds of addictions; all kinds of physical ailments and sicknesses; all kinds of emotional and

B. BREAK GENERATIONAL SINS AND CURSES

1. I **confess** and repent of the sin of my ancestors, my parents, and my own sin of _____, and of my anger and resentment against You, God, for allowing this to happen in my life.
2. I **forgive and release** my ancestors for passing on to me this sin and for the resulting curses of _____ (be specific). I ask You to forgive me, and I receive Your forgiveness. I forgive myself for participating in this sin.
3. I place the cross of Christ between my ancestors and myself, as a baby in my mother's womb. I command the sin of _____

and all accompanying curses to be halted at the cross of Jesus Christ, and for freedom and release to flow down from the cross of Christ to that baby in the womb.

2. UNGODLY SOUL TIES STEM FROM UNHEALTHY COVENANT OR CONTRACTUAL RELATIONSHIPS AND TRANSFER ENERGIES FROM ONE TO THE OTHER.

DEFINITION OF SOUL TIE: When you enter into a covenant with another person or with God, a soul tie develops which allows the life, energies and provisions of the two to be shared. The following would be considered soul ties: “a close or committed relationship,” or “a soul mate,” or “a bosom buddy.”

Biblical examples of soul ties:

And it came to pass, when he had made an end of speaking unto Saul, that the **soul of Jonathan was knit with the soul of David**, and Jonathan loved him as his own soul (I Sam. 18:1).

On that day the Lord made a covenant with Abram... (Gen. 15:18).

Know ye not that he which is joined to an harlot is one body? for two, saith He, shall be one flesh (I Cor. 6:16).

Other examples of covenant relationships include: husband and wife; parent and child; pastor and parishioner; teacher and student; employer and employee; and a Christian to all others in the body of Christ, by virtue of the fact that we have all been baptized into Christ's body (I Cor. 12:13) and are joined to His Spirit (I Cor. 6:17). Blood pacts create soul ties which may be either godly or ungodly.

Any of the above soul ties can become ungodly and release sin energies. Ungodly soul ties exist when one partner seeks to dominate, manipulate, or control another. If violence, fear, or abuse becomes part of the soul tie, it is ungodly.

What can be passed through a soul tie?

PERSONAL APPLICATION

A. Lord, with whom do I have ungodly soul ties (close relationships) that are contributing to the heart issue of _____? (Examine parents, authority figures, teachers, pastors, close friends and spouse.)

B. SEVER UNGODLY SOUL TIES

1. I **confess** and repent of my sin of an ungodly soul tie with _____, and of any anger and resentment against You, God, for allowing this to happen in my life.
2. I **forgive** _____ for their involvement in this sin. I ask You, God, to forgive me, and I receive Your forgiveness. I forgive myself for participating in this sin.
3. Lord, sever the ungodly soul tie between me and _____ and restore the broken or torn portions of my soul. Lord, remove anything that has come into me through this soul tie and, Lord, bring back anything godly that has been stolen from me.

3. NEGATIVE EXPECTATIONS ARE NEGATIVE BELIEF SYSTEMS THAT GENERATE SIN ENERGIES WHICH PRESSURE ONE TOWARD ACTS OF SIN.

NEGATIVE EXPECTATION DEFINED: a negative belief system which has been established in your heart. It may be against yourself, others, authorities, institutions, or God. Most of these are established on the unconscious level, so we are generally not aware that we are holding them. Yet all must be repented of.

They can come from word curses spoken by yourself or others. Some examples: “I will probably fail. I will most likely end up in divorce. Nobody likes me. All politicians are evil. A godly man can't succeed in business. Women don't like making love. All men want is sex.”

NEGATIVE EXPECTATIONS ACTIVATE FOUR LAWS

1. NEGATIVE EXPECTATIONS ACTIVATE THE LAW OF FAITH, IN REVERSE:

Matt. 9:29 _____

2. NEGATIVE EXPECTATIONS ACTIVATE THE LAW OF JUDGMENT:

Matt. 7:1,2 _____

Ex. 20:12 _____

In any area we judge our parents, our lives will not go well. To generalize this principle, in any area we judge anyone, our lives will not go well for us.

3. NEGATIVE EXPECTATIONS ACTIVATE THE LAW OF SOWING AND REAPING:

The law of sowing and reaping states that we will reap a harvest in light of what we have sown.

Gal. 6:7b _____

DON'T BE DECEIVED BY THE LAW OF DELAY

Gal. 6:7a _____

4. NEGATIVE EXPECTATIONS ACTIVATE THE LAW OF MULTIPLICATION:

Hos. 8:7 _____

FAULTY PROCESSES can be the culprit which creates negative expectations (doubt) within us. What was the faulty process used by the disciples in the passage below?

And He charged them, saying, "Take heed, beware of the leaven of the Pharisees, and of the leaven of Herod." And they reasoned among themselves, saying, "It is because we have no bread." And when Jesus knew it, He saith unto them, "Why reason ye, because ye have no bread? Perceive ye not yet, neither understand? Have ye your heart yet hardened? Having eyes, see ye not? And having ears, hear ye not? And do ye not remember?" (Mk 8:15-18 KJV)

The solution to the above faulty reasoning process is:

Jn. 5:19,20,30 _____

II Cor. 5:7 _____

Heb. 6:12 _____

We need God to reveal to us any negative PROCESSES we may be using which are creating and feeding negative EXPECTATIONS within us.

SUMMARY: The seed of judgment or negative expectation sown in my spirit obediently sends out a message to all within its reach. My spirit might say, "I am programmed to fail; please respond to me in that light." In this case, everyone else's spirits hear and receive that message and respond in kind. Their spirits say, "Let's do everything we can to ensure that this message is fulfilled." And so I continue to attract events, people, and situations to my life which ensure my failure over and over again. I draw to myself that which I believe to be true. I create my own lifestyle based on the beliefs I hold within.

QUESTIONS FOR DISCOVERING THE NEED TO REPLACE NEGATIVE EXPECTATIONS

- Lord, what negative confessions come out of my mouth?
- Lord, what negative expectations are in my heart?
- Lord, what things do I believe that do not line up with what the Bible and Spirit are revealing to me?
- Lord, what expectations rob me of love, joy and peace?
- What expectations keep me from giving thanks for all things and in all things (Eph. 5:20; I Thess. 5:18)?

Hebrews 12:15 (NASB) says, "See to it...that no root of bitterness springing up causes trouble, and by it many be defiled."

A SPIRIT-ANOINTED EXPECTATION (FAITH) IS THE LIGHT THAT DRIVES OUT THE DARKNESS OF NEGATIVE EXPECTATIONS. There are no vacuums in the spiritual world. What is not filled with divine faith, is quickly filled with demonic fear. Where does faith come from? It is birthed in your heart and mind as the Holy Spirit reveals God's promises to you.

Where does faith come from? (Rom. 10:17)

What must be mixed with God's words? (Heb. 4:2)

Whose faith is it? (Mk. 11:22)

4. INNER VOWS GALVANIZE ONE'S PURPOSE IN LIFE, AND RELEASE SIN ENERGIES AND PRESSURES IN LIGHT OF THE VOW.

INNER VOWS DEFINED: the promises or statements one makes as a result of the negative expectations he holds.

Your corresponding inner vow ensures that all the spiritual energies being developed in your heart by your negative expectation have a focused avenue of release into the outer world. The message is sent out loud and clear through the inner vow.

“Do this to me, for I am expecting with all my heart and all my energies for this to happen, so please come alongside me and help me accomplish this goal.”

And all the sons of Israel grumbled against Moses and Aaron; and the whole congregation said to them, “Would that we had died in the land of Egypt! Or would that we died in this wilderness!” (Num. 14:2)

How long shall I bear with this evil congregation, which murmur against me? I have

heard the murmurings of the children of Israel, which they murmur against me. Say unto them, “As truly as I live,” saith the LORD, “*as ye have spoken in mine ears, so will I do to you*” (Num. 14:27,28).

The Israelites had confessed over and over that they were going to die in the wilderness. They expected to die. They said they would die, and sure enough, God said, “I am going to give you exactly what you have been believing for and confessing. You will die in the wilderness.”

When you look, you may discover that you have vows in many areas of your life.

QUESTIONS FOR DISCOVERING THE NEED TO RENOUNCE INNER VOWS

- Lord, what do I promise I will do?
- Lord, what do I promise I won't do?
- Lord, what do I promise about myself?
- Lord, what do I promise about others?

REPLACE NEGATIVE BELIEFS

1. I **confess** and repent of my sin (and if appropriate, my ancestors' sin) of believing the lie that _____ and for the ways I have judged others and/or institutions based upon this negative belief.
2. I **forgive** _____ for contributing to my forming this negative expectation/belief. I forgive myself for believing this lie.
3. I confess the countering divine truth that _____.

RENOUNCE INNER VOWS

1. I **confess** and repent of my sin of vowing that _____.
2. I **forgive** _____ for contributing to my forming this vow and myself for making this vow.
3. Instead, I now purpose by the power of the Holy Spirit to _____.

I expect/believe that...

- a. I'll be defeated by the enemy.
- b. I'll probably fail.
- c. I'm ugly.
- d. I'm dumb.
- e. I'm fat.
- f. I'm no good.
- g. I don't deserve a good life.
- h. I will not have financial freedom.
- i. I don't deserve God's blessing.
- j. my sin is unforgivable.
- k. my children will rebel.
- l. life is unfair.
- m. people won't accept me.
- n. I must be perfect.
- o. men don't cry.
- p. Christians are hypocrites.
- q. all politicians are evil.
- r. godly businessmen can't succeed.

Therefore I will...

- a. give up and die.
- b. not try.
- c. hide myself.
- d. not try.
- e. just be a couch potato.
- f. act out my evil impulses.
- g. not seek to improve my life.
- h. equate poverty with godliness.
- i. make it on my own.
- j. hide from God.
- k. seek to control them.
- l. distrust and withdraw.
- m. put up a protective wall.
- n. try hard.
- o. stuff my feelings.
- p. not trust a Christian.
- q. never trust a politician.
- r. compromise my integrity.

However, God says,

- a. "I am your Rock and your Fortress."
- b. "I make your way prosperous."
- c. "You are My handiwork."
- d. "My wisdom indwells you."
- e. "I have a perfect design for your body."
- f. "You are righteous through Christ."
- g. "I have offered you a land of milk and honey."
- h. "I give you the power to make wealth."
- i. "My grace is a gift of love."
- j. "My blood washes away all your sin."
- k. "...he will not depart from
[the way he should go]."
- l. "I work all things out for good."
- m. "Give My love away."
- n. "I am the perfect One."
- o. "Jesus wept."
- p. "Men are but dust."
- q. "The king's heart is in My hand."
- r. "Obey My voice and everything you
faith.

So I purpose in the Holy Spirit to...

- a. be strong in the Lord.
- b. step out in faith.
- c. let God's beauty shine through me.
- d. open my heart to receive God's wisdom.
- e. seek to conform to God's design.
- g. put on Christ's righteousness.
- g. possess my promised land.
- h. believe God for financial prosperity.
- i. accept God's blessing by faith.
- j. repent and be cleansed.
- k. train my children, not provoke them.
- l. trust that God rules over all.
- m. stay open and loving.
- n. trust in God's perfection, not my own.
- o. be responsive to my heart's emotions.
- p. trust God to work through imperfect man.
- q. pray for those in authority.
- r. conduct my business in righteousness and
put your hand to will prosper."

“Lord, what negative expectations
are contributing to _____?”

I expect/believe...

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____

g. _____

h. _____

“Lord, what inner vows are
contributing to _____?”

Therefore I vow to...

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____

g. _____

h. _____

However, God says,

So I purpose in the Holy Spirit to...

a. _____

a. _____

b. _____

b. _____

c. _____

c. _____

d. _____

d. _____

e. _____

e. _____

f. _____

f. _____

g. _____

g. _____

h. _____

h. _____

5. TRAUMAS LEAVE NEGATIVE PICTURES THAT PRODUCE SIN ENERGY OR DEMONIC ENERGY, WHICH PRESSURE US TO DO EVIL.

Statements concerning the power and role of pictures:

But they hearkened not, nor inclined their ear, but walked in the counsels and in the imagination of their evil heart, and went backward, and not forward (Jer. 7:24).

What effect did their imagination have?

“A picture is worth _____.”

Experience teaches us that emotions are by-products of _____

- Negative pictures produce negative emotions.
- Positive pictures produce positive emotions.

Eph. 2:12 - When we see a scene in our mind which does not include Christ in it, then

_____.

Ps. 139:8 - Christ is present

_____.

Lk. 23:34 - Christ’s response to hellish situations is

_____.

THE TRANSFORMING POWER OF SEEING DIVINE PICTURES/VISIONS

Walking through traumatic situations can produce inner gifts and strengths, rather than destroying us, if we don’t fix our gaze on the horrible situation, but rather look into the spiritual world.

II Cor. 4:17,18 - Temporal affliction produces an eternal weight of glory while we do what?

Heb. 12:2 - What is the unseen thing that we look at? _____

INNER HEALING DEFINED: allowing God to replace the pictures in the art gallery of your mind, removing pictures that do not have Jesus in them and replacing them with pictures that do have Jesus in them.

You are moving from a picture that contains a lie (Jesus isn’t present watching over and protecting His children) to a picture that portrays the truth (Jesus is always there, watching over and protecting His children).

The Inner Healing Process		
	THE STEP TAKEN	A BIBLICAL EXAMPLE (Peter: Lk. 22:54-62/Jn. 21:2-17)
1.	Using vision, go back and re-enter the hurt.	Charcoal fire Twilight Three-fold confession
2.	Using vision, bring Jesus into the scene.	"Jesus stood on the beach..."
3.	Using vision, let Jesus move freely healing the hurt with His loving presence.	Jesus' statements of affirming love: "Tend My lambs; Shepherd My sheep; Tend My sheep"

“Lord, what negative pictures of people or experiences am I holding which are contributing to the heart problem of _____?”

Healing the initial scene underlying this problem is foundational. However, if that scene is too intense, then allow the Holy Spirit to take you to other scenes and heal them first. Stay tuned to the Holy Spirit’s flow. For each scene, affirm what you know to be true, “Lord, I know **You were there** in that troubling scene. Jesus, please show me where You were and what You were doing.” Watch and see what Jesus does and says as He appears in the scene. Stay tuned to the Holy Spirit’s flow and vision as you write. Do not manipulate the scene yourself. Follow Jesus’ lead. Submit any questionable scenes you receive to the Bible and to your spiritual counselors to ensure they are from God.

**UNTRUE AND UNHEALED SCENES
SCENES WITHOUT JESUS IN THEM**

**TRUE AND HEALED SCENES
SCENES WITH JESUS IN THEM**

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____

g. _____

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____

g. _____

RECEIVE DIVINE VISIONS

1. I **confess** and repent of any anger and bitterness I have against You, God, for allowing this event to happen in my life. I ask You to forgive me, and I receive Your forgiveness.
2. Lord, please take me back to the appropriate memory that is underlying this issue in my heart. (See the scene. If a rape or other extremely traumatic scene, you may go back to just after it is over.)
3. Lord, show me where You were in this scene. (Look and see where Jesus is/was.) Holy Spirit, take over this scene and give me a vision, showing me what Jesus was doing. (Respond to what the Lord is showing and doing.)

6. DEMONS ADD THEIR DEMONIC ENERGY TO THE SIN ENERGY ALREADY PRESENT WITHIN US, COMPOUNDING THE PROBLEM.

DEMONS DEFINED: spirit entities which seek to enter people and manifest their evil personalities out through the human being.

DEMONS DON'T POSSESS CHRISTIANS. The word translated "demon possessed" in the KJV Bible is *daimonizomai* in the Greek. The literal definition of "demonized" (*daimonizomai*) is:

Lk. 13:16

_____ (Rom. 4:16)

ABNORMALITIES WHICH MAY BE CAUSED BY DEMONS

Following are some of the disturbances caused by demons in the New Testament: deafness (Mk. 9:25); blindness, muteness (Matt. 12:22); infirmity (Lk. 13:11,12); madness, anti-social behavior (Mk. 5:1-20); and epilepsy (Matt. 17:14-18).

Categories of demonically-induced abnormalities include: _____

FOOTHOLDS WHICH ALLOW DEMONS TO ENTER INCLUDE:

continuous sin; addictions; traumas; faulty belief systems; involvement in false religions; fears/phobias; immorality; pornography; occult involvement; self-pronounced curses; unforgiveness; and ungodly soul ties (Jn. 14:30; II Cor. 2:10,11; Eph. 4:25-27).

DEMONS COMPOUND YOUR PROBLEMS. You may find yourself fighting negative energies from a combination of all of the following: 1) generational curses, 2) soul ties, 3) negative expectations, 4) inner vows, 5) traumatizing pictures of "reality" and 6) demons. And you may be fighting these **with your own self-effort**, rather than appropriating biblical prayers. You will not win. You will be defeated and in despair if you are coming against these sin energies using the strength of your will.

HOW PREVALENT SHOULD DELIVERANCE PRAYER BE?

_____ of Jesus' _____ recorded prayers for healing were prayers of deliverance in which He cast out demons. That means about 1/4 - 1/3 of His prayers for healing were deliverance prayers. LET'S MAINTAIN THE BALANCE OF JESUS as we pray for people's needs. If we don't use His balance, whose will we use?

The commission for Christians to cast out demons is given in Matthew 10:8; Mark 3:15; 6:7,13; 16:17,18; and Luke 9:1,2.

QUESTIONS FOR DISCOVERING THE NEED FOR DELIVERANCE

- Lord, what compulsive pressures are within me?
- Lord, what sins can I not defeat?
- Lord, what stumbling blocks occur over and over?

“Lord, what other demons may be assisting (clustered with) the demon of _____ (heart issue from page 8) that I am struggling with?” Name the demons according to the emotion or sin they are contributing to.

To prepare for deliverance, repent of and renounce all ungodly beliefs and inner vows, and state your commitment to God’s countering beliefs and the resulting new purposes you have established in the Holy Spirit, if you have not already done so. This separates you from the lies in which the demon is anchored. Tell the demon you hate it and will no longer give it a place within you and command it to leave in the Name of the Lord Jesus Christ.

If the demon still resists coming out, ask, “What is this demon attached to?” Counselor and counselee tune to flow and receive the answer from the Holy Spirit. Then, using the appropriate prayer approach, remove this demon’s anchor so he will readily be cast out. Once removed, fill your heart with godly beliefs (Matt. 12:43-45).

CAST OUT DEMONS

1. Make sure the demon’s house is thoroughly dismantled and his anchors completely pulled up by praying through the above five prayers. If the demon does not come out, go back to the above prayers - something has been missed. Ask God what has been missed and honor what flows back in response.
2. In the Name of the Lord Jesus Christ, I renounce and break all agreements with the demons (strongholds) of _____, _____, etc.
3. I take authority over the demons (strongholds) of _____ and I bind you and command you to leave me now in the Name of the Lord Jesus Christ.

7. ENSLAVEMENT TO SIN - FAILURE TO REPENT OF SIN GENERATES SIN ENERGY AND PRESSURE TOWARD ACTS OF SIN WITHIN THE INDIVIDUAL.

THE LAW OF SIN

Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. I find then a law, that, when I would do good, evil is present with me. For I delight in the law of God after the inward man: But I see another law in my members, warring against the law of my mind, and bringing me into captivity to **the law of sin** which is in my members (Rom. 7:20-23).

Sin has a _____.

Repentance and turning to God for cleansing and strength must occur every time you sin (I Jn. 1:9). The more you give in to sin, the stronger its power becomes in your life.

If by the Spirit you are putting to death the deeds of the body, you will live (Rom. 8:13).

For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death (Rom. 8:2).

Simply stated, this law declares that:

By looking to and drawing upon the power of the Holy Spirit within me, His power will overcome the power of sin in my life.

EXPERIENCE THE SPIRIT OF LIFE IN CHRIST JESUS

1. God, the power to overcome the sin of _____ is in You, the One Who lives in me.
2. I turn away from my self-effort to overcome this sin, and embrace the power of Your Holy Spirit Who flows within me.
3. Jesus, I release the flow of the power of the Holy Spirit out through me, to overcome completely the sin of _____.
(May use vision, seeing this happen.)

THE CHRISTIAN HAS BEEN GIVEN AUTHORITY TO PRAY PRAYERS THAT HEAL.

Jesus...spoke...saying, "All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations..." (Matt. 28:18,19 NASB).

For in Him all the fulness of Deity dwells in bodily form, and in Him you have been

made complete, and He is the head over all rule and authority (Col. 2:9,10 NASB).

And as you go, preach, saying, "The Kingdom of heaven is at hand," heal the sick, raise the dead, cleanse the lepers, cast out demons, freely you received, freely give (Matt. 10:7,8 NASB).

EFFECTIVE PRAYERS COME FROM THE HEART, NOT THE HEAD.

Your prayers will have a thousand times more impact if you use the language of the heart. That means you have entered a picture of the event you are praying about, are seeing it, feeling the emotion of it, interacting with Christ about it, and tuned to Holy Spirit flow, letting Jesus appear in the scene and speak to you from the midst of it.

SUMMARY: Use ALL SEVEN of the above prayers when seeking to heal a heart disturbance or life problem. When used TOGETHER, they are extremely powerful.

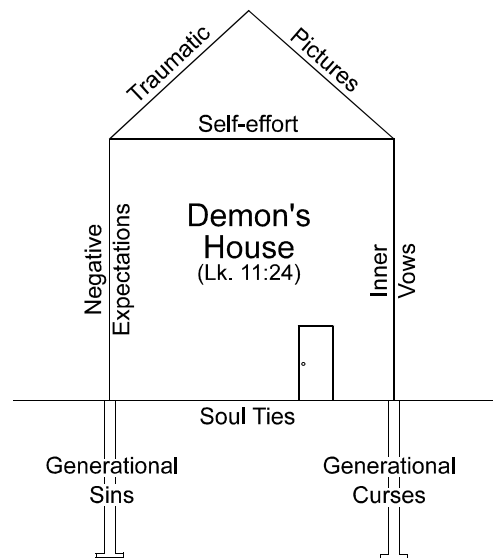
SEVEN POSSIBLE ROOTS TO SIN ENERGY

1. Generational sins and curses
2. Ungodly soul ties
3. Negative expectations
4. Inner vows
5. Traumatic pictures
6. Demonic oppression
7. Enslavement to sin

SEVEN HEALING PRAYERS

1. Breaking generational sins and curses
2. Severing ungodly soul ties
3. Replacing negative expectations
4. Renouncing inner vows
5. Receiving divine visions
6. Casting out demons
7. Experiencing the Spirit of Life in Christ Jesus


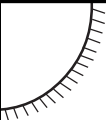
DISMANTLING DEMONS' HOMES



CREDITS: "The authors acknowledge with appreciation the contributions to these seven prayers from several ministries. Most of the ministry steps are drawn from 'Ministry Tools for Restoring the Foundations,' Proclaiming His Word, Santa Rosa Beach, FL, 1996 and 1999. All ministry steps used by permission of their authors."

INCUBATING ONLY CHRIST

by filling all five senses of the heart with Him.

	SENSE	HOW USED	BIBLE EXAMPLE	STAGE
1.	Inner Ear (Jn. 5:30)	Receives God's Rhema	Gen. 12:1-3	Conception
2.	Inner Eye (Rev. 4:1)	Receives God's Vision	Gen. 15:5,6	
3.	Inner Mind (Lk. 2:19)	Ponders God's Thoughts	Rom. 4:20,21	Incubation
4.	Inner Will (Acts 19:21)	Speaks on God's Rhema	Gen. 17:5	
5.	Inner Emotions (I Kings 21:5)	Acts on God's Rhema and Vision	Gen. 17:23	
End Result		Death of the Vision "I" am unable to bring it about	Gen. 16:2 Gen. 17:18,19	Birth
		Supernatural resurrection of the vision "In the fullness of time GOD brings it forth"	Gen. 21:1,2 Gal. 4:4a	